

**Created For Good Week 1**

**Ephesians 1:1-14**

**DISCOVERY** - Read Ephesians 1:1-14

- What does this say about the character of God?
- What does this passage say about humanity?
- What is one practical way I will respond because of what I have read?

**APPLICATION:** Reread Ephesians 1:1-14

- In verses 3 how many “spiritual blessings” does Paul say we have been blessed with?
- In verse 4 - who is doing the “choosing”? Why does it say He chose us?
- Being “holy and blameless” people sounds impossible. It is, if it's us trying to be holy and blameless. However, read verses 5-10, and make it real in your life.
- Say a prayer to God today thanking Him for making us holy and blameless before him due to the redemption, forgiveness and inheritance we possess solely because of the “riches of his grace which he lavished upon us.”

**EXPLORATION:** Reread Ephesians 1:1-14

- As we saw yesterday in verse 4, God chose us. Read Isaiah 41:8-10. What similarities do you see with Ephesians 1?
- What does Paul say we are predestined for in verse 5? Read Romans 8:29. What does Paul say we are predestined for in that verse?
- Read Philippians 1:6. Spend time today praising God that we have been chosen to be holy and blameless, conformed to the image of his Son, and that ultimately God himself will bring it to completion.

**CONVERSATION:** Journaling day (worship music, silence etc)

- Read Ephesians 1:1-14
- \_\_\_\_\_, I want you to know....

